



ELITE DANCE STUDIO

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**For information, please visit us at
www.elitedancerhe.com**

SPRING CLASS SCHEDULE 2018

★ = CLASS BY INVITATION ONLY

☆ = CLOSED CLASS/REHEARSAL FOR TEAMS



MONDAY

	STUDIO A	STUDIO B	STUDIO C	STUDIO D
3:30-4:00pm	Cheer/Hip-Hop/Tumble (Ms. Dyan/Ms. Julia/Ms. Maya)	Ballet 3 (Ms. Lisa)	Ballet 1 (Ms. Breeonna)	Primary Ballet 1 (Ms. Nikole/Ms. Kaitlin)
4:00-4:30pm				
4:30-5:00pm	Technique 3 (Ms. Breeonna)	Jazz 2 (Ms. Kelly)	Ballet 4/5 (Ms. Lisa)	Pre-Jazz 1/2 (Ms. Dyan/Ms. Kaitlin/ Ms. Nikole)
5:00-5:30pm				
5:30-6:00pm	Jazz Funk 3/4 (Ms. Kelly)	Ballet 4/5	Ballet 2 (Ms. Breeonna)	Tap 2/3 (Ms. Dyan/Ms. Kaitlin)
6:00-6:30pm		Pointe		
6:30-7:00pm	Contemporary 5 (Ms. Kelly) ★	Teen Ballet (Ms. Lisa)	MOTION STATE MINIS CO. TECH (Ms. Breeonna) ☆	
7:00-7:30pm				
7:30-8:00pm		Choreo. Prep (Ms. Dyan) *7:30-8:45		
8:00-8:30pm		Jazz Funk 5 (Ms. Kelly)		
8:30-9:00pm		★		






TUESDAY

	STUDIO A	STUDIO B	STUDIO C	STUDIO D
9:30-10:30am			Ballet/Tap/Acro (age 3-5) (Ms. Dyan)	
3:30-4:00pm			Ballet/Tap/Acro (age 4-6) (Ms. Dyan/Ms. Kaitlin)	
4:00-4:30pm		Ballet 4/5 (Ms. Ruth)		
4:30-5:00pm	Jazz 3 (Ms. Breeonna)		Jazz/Hip-Hop 1/2 (Ms. Dyan/Ms. Kaitlin)	
5:00-5:30pm				
5:30-6:00pm	MOTION STATE CO. TECH CLASS ☆	Ballet 2 (Ms. Ruth)	Irish Dancers 5:30-6:45	Lyrical 3/4 (Ms. Alyssa)
6:00-6:30pm				
6:30-7:00pm	Technique 4/5 (Ms. Breeonna)	Open Tricks & Turns (Ms. Dyan)	Ballet 3 (Ms. Ruth)	
7:00-7:30pm				
7:30-8:00pm	Contemporary 5 (Ms. Breeonna) ★		Hip-Hop 2/3 (Ms. Alyssa)	
8:00-8:30pm				
8:30-9:00pm				

WEDNESDAY

	STUDIO A	STUDIO B	STUDIO C	STUDIO D
3:30-4:00pm	Beg. Tumble (Ms. Dyan/Ms. Maya/ Ms. Julia)	Ballet 1/2 (Ms. Gaida)	Ballet/Tap/Acro (age 3-5) (Ms. Dyan/Ms. Kaitlin)	Diamonds Rehearsal **STUDIO E** Ms. Jenny 
4:00-4:30pm				
4:30-5:00pm	Jazz 1/2 (Ms. Jessica)		Diamonds Rehearsal (Ms. Dyan/Ms. Kaitlin) 	
5:00-5:30pm				
5:30-6:00pm	Jazz Funk 4/5 (Mr. Andrew)	Ballet 3 (Ms. Gaida)	Hip/Hop 1/2 (Ms. Jessica/Ms.Kaitlin)	
6:00-6:30pm				
6:30-7:00pm	Jazz Funk 2/3 (Mr. Andrew)	Ballet 4/5 (Ms. Gaida)	Adult Tap Ms. Dyan	
7:00-7:30pm				
7:30-8:00pm	Lyrical 4/5 (Mr. Andrew)	Pointe		
8:00-8:30pm				
8:30-9:00pm				

THURSDAY

	STUDIO A	STUDIO B	STUDIO C	STUDIO D
3:30-4:00pm	MOTION STATE MINIS REHEARSAL  (Ms. Kelly/Ms. Bree)	Ballet/Tap I (Age 4-6) (Ms. Dyan/Ms. Kaitlin)	Primary Ballet (Ms. Jordan/Ms. Dyan)	
4:00-4:30pm				
4:30-5:00pm	Technique 4/5 (Ms. Breeonna)	ELITEpetite Rehearsal (Ms. Dyan/Ms. Nikole/ Ms. Kaitlin) 	Tricks and Turns 2 (Ms. Kelly)	Lyrical/Jazz 1 (Ms. Jordan/Ms. Dyan)
5:00-5:30pm				
5:30-6:00pm	Jazz 4/5 (Ms. Kelly)	Lyrical 2 (Ms. Breeonna)		Boys Hip-Hop 1/2 (Ms. Jessica/Ms.Kaitlin) *STUDIO E 4:30-5:30
6:00-6:30pm				
6:30-7:00pm	MOTION STATE CO. TECH CLASS **Jrs and Teens 	Open Tricks & Turns (Ms. Dyan)	Stretch & Strength (age 9+)(Ms. Kelly)	Hip Hop 3/4 (Ms. Kheira)
7:00-7:30pm				
7:30-8:00pm				
8:00-8:30pm	13+ Jazz (Ms. Breeonna) 	Int. Tumble (Ms. Kelly)		
8:30-9:00pm				
9:00-9:30pm		Elite Beat Rehearsal (Ms. Kheira) 		


FRIDAY

	STUDIO A	STUDIO B	STUDIO C	STUDIO D
3:30-4:00pm	Contemporary 2/3 (Ms. Emily)	Hip Hop 4/5 (Ms. Jordan)	Ballet/Tap/Acro (age 3-5) (Ms. Dyan/Ms. Kaitlin)	
4:00-4:30pm				
4:30-5:00pm	Stretch & Condition 3/4/5 (Ms. Emily)	Hip-Hop 3/4 (Ms. Jordan)	Ballet/Tap II (age 5-7) (Ms. Nikole/Ms. Kaitlin)	Tap 5/6 (Ms. Dyan)
5:00-5:30pm				
5:30-6:00pm	Technique 4/5 (Ms. Emily)	ELITE Pre-Compete A Rehearsal (Ms. Jordan)	ELITE Pre-Compete B Rehearsal (Ms. Dyan/ Ms. Kaitlin)	
6:00-6:30pm				
6:30-7:00pm				
7:00-7:30pm	Contemporary 4 (Ms. Emily)			
7:30-8:00pm				
8:00-8:30pm				

SATURDAY

	STUDIO A	STUDIO B	STUDIO C	STUDIO D
9:00-9:30am	MOTION STATE REHEARSALS	MOTION STATE REHEARSALS ★		
9:30-10:00am				
10:00-10:30am		Tricks and Turns 3/4 (Ms. Kelly)	Hip-Hop 1/2 (Ms. Dyan/Ms. Kaitlin)	
10:30-11:00am				
11:00-11:30am			Tricks & Turns 1/2 (Ms. Dyan/Ms. Kaitlin)	
11:30-12:00pm				Teen Tap (Ms. Dyan/Ms. Kaitlin)
12:00-12:30pm				
12:30-1:00pm		★		
1:00-1:30pm	Adv. Tumble (Ms. Kelly)	MOTION STATE REHEARSALS		
1:30-2:00pm				
2:00-2:30pm				
2:30-3:00pm	Technique 5 (Ms. Kelly)			
3:00-3:30pm				
3:30-4:00pm		★	★	
4:00-4:30pm	Jazz 5 (Ms. Kelly)			
4:30-5:00pm		★		

SUNDAY

	STUDIO A	STUDIO B	STUDIO C	STUDIO D
6:00-7:00pm	Elite Compete Rehearsal Ms. Emily 			
7:00-8:00pm				
8:00-9:00pm				

DANCE CLASS LEVELS

LEVEL 1	This level is recommended for dancers ages 5-7 as well as ElitePetite Members in this age category.
LEVEL 2	This level is recommended for dancers ages 7-9 as well as Motion State Minis and ElitePetite Members in this age category.
LEVEL 3	This level is recommended for dancers ages 10-12 as well as Elite Pre-Compete and Elite Compete Junior dancers.
LEVEL 4	This level is recommend for dancers ages 12+ as well as Elite Compete Teens.
LEVEL 5	This level is for advanced teens and are invitation only classes. All level 5 classes are mandatory for Motion State Teen members.
TEEN LEVEL	This level is recommended for dancers age 13+. These classes are open to teens of all experience levels!

TUMBLE CLASS LEVELS

BEGINNER	This level is open to any student working on handstands, forward/backward rolls, backbends, kick-overs, cartwheels, and round-offs.
INTERMEDIATE	This level is open to any student that can perform all skills listed in the beginner level and is working on front walkovers, back walkovers, dive cartwheels, and preparing for aerials.
ADVANCED	This level is open to any student that can perform all skills listed in beginner and intermediate and is working on back handsprings, back tucks, and advanced acro tricks.